

## Why Fluency Matters

The Simple View of Reading expresses reading in this way:

## Decoding (D) $\times$ Language Comprehension (LC) = Reading Comprehension (RC)

(Gough and Turner, 1986)
And our B.E.S.T. standards call for students to
Read grade-level texts with accuracy, automaticity, and appropriate prosody or expression.

What's the connection?
Fluency is the bridge between decoding and language comprehension. Accuracy refers to the ability to decode words or pronounce them correctly and automaticity means fast, accurate word recognition. Prosody is the pattern and rhythm of language that indicates a grasp of how our language works.

## Fluency matters because without accurate, automatic decoding, and expressive reading, comprehension is obstructed.

## So is it a decoding or comprehension deficit?

Checking for fluency can be a good way to determine if the root cause of a reading difficulty is with foundational skills. If fluency is meeting the norms, then the difficulty could be related to vocabulary, text complexity, or literary analysis skills.

According to Hasbrouck and Tindal oral reading fluency norms (2017), winter fluency rates should be approximately:

| Grade 1 | 29 wcpm |
| :--- | :--- |
| Grade 2 | 84 wcpm |
| Grade 3 | 97 wcpm |
| Grade 4 | 120 wcpm |
| Grade 5 | 133 wcpm |

If student oral reading fluency rate is well below what is expected and the reading had many errors in accurate word recognition, then a phonics inventory is recommended to see where the breakdown in decoding is occurring. Explicit fluency lessons to help with pace and prosody is also recommended.

Just like we practice math facts or basketball shots to perform with ease, we need students to practice reading aloud passages to become automatic, prosodic readers. Fluency should be part of every daily routine in all grades, not just 1-3. Based on their work with struggling ninth graders, researchers Paige, Rasinski, and Magpuri-Lavell
concluded "students who read with appropriate expression when reading orally tend to have better comprehension."

Here are some common ways to ensure students build oral reading fluency:

1) Teach decoding strategies beyond 2nd grade. When students have decoding skills, including morphological understanding of affixes and roots, they can sound out words and pull meaning from the language bank in their brains. Practice with the words in connected text helps readers learn them until they become recognizable on sight.
2) Teach readers the conventions of punctuation, spacing between paragraphs, and how to read lines of poetry in one continuous phrase until we encounter punctuation. When we read with expression, we are using the natural patterns of language to our advantage in order to create meaning for ourselves and our listeners. If we understand what we are reading, then we know which words to emphasize, when to pause for effect, or how to pause to show a separation of ideas.
3) Model fluent reading through classroom read alouds and choral response activities such as unison (like a choir), antiphonal (one group reads, then another group reads), echo (teacher says-students repeat), cloze (teacher reads but leaves out a word now and then signaling students to chime in together).
4) Ditch round robin reading (an ineffective instructional practice.) Create opportunities for students to rehearse paragraphs briefly and then read in small groups, perform Reader's Theater, or read aloud poetry.
5) Use Partner reading (Buddy Reading) with comprehension and expression checks. Best practice is to pair up one stronger and one slightly less fluent reader. Students take turns reading paragraphs, sections, or pages. At the end of each, they monitor expression and ask comprehension questions, such as "what was this mainly about?"
6) Set up Timed Repeated Reading stations—Put passages in sheet protectors and provide a one minute timer, dry erase markers and red and blue pencils. Students read a new text twice the first day and once the second day, graphing the number of words read correctly in one minute (red for day 1 and blue for day 2 ). Attention to expression should also occur.
7) Grades 2 and 3 students should practice on Amira Fluency Tutor 30 minutes per week. Set up stations where the computers are set up like "Battleship" so microphones won't pick up other voices and be sure students wait for the green microphone before speaking.
